

# Delicious Hot MAIN MEALS

# Fresh Vegetable SIDES

# Mmmm DESSERTS





CHADWICK'S  
KITCHEN

Spring &  
Summer

2022

Monday



Cheese and Tomato Pizza (V)   
Or  
Spaghetti with Tomato Sauce (V)   
Or  
Jacket Potato with  
Choice of fillings

Carrot and Cucumber sticks  
Sweetcorn  
.....  
Potato Wedges

A choice of:

Homemade Iced Sponge  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Tuesday



Chadwick's Chicken Kiev   
Or  
Roast Chicken Breast   
Or  
Mac & Cheese with Optional Bbq  
Sauce (v)

Green Beans  
Cauliflower  
Baby Boiled Potatoes  
.....  
Extra Main Meal Choice  
Jacket Potato (choice of topping)

A choice of:

Janey's Fruit Crumble Cake  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Wednesday



Roast Dinner   
Or  
Creamy Tomato Pasta Bake (V)   
OR  
Cheese and Onion Roll Or  
Jacket Potato (choice of fillings)

Broccoli  
Carrots  
.....  
Roast Potatoes  
Yorkshire Pudding

A choice of:

Homemade Toffee Apple Sponge  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Thursday

Beef Meatballs in Gravy   
Or  
Beef Meatballs in Tomato Sauce  
Or  
Tomato Pasta Bake(v) Or   
Jacket Potato (choice of fillings)

Turnip  
Peas  
.....  
Mashed Potato  
Pasta

A choice of:

Cheesecake with Mandarin Oranges  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Friday

Fish Fingers   
Or  
BBQ Chicken Style Quorn Wrap (V)   
Or  
Salmon Pasta with Mayo Or  
Jacket Potato (with topping)

Baked Beans  
Peas & Sweetcorn  
.....  
Chips

A choice of:

Homemade Ginger Biscuit  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

MENU WEEK: ONE

Fresh water  
available  
everyday



Healthy option on the day



Least food miles travelled

Jacket  
Potato  
available  
everyday

Fresh salad  
available  
everyday



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Monday

Cheese & Tomato Pizza (V)  
Or  
Cheesy Risotto Bake (V)   
Or  
Tomato Pasta Bake(v)

Broccoli  
Sweetcorn  
Garlic Bread  
.....  
Extra Main Meal Choice  
Jacket Potato (choice of topping)

A choice of:

Chocolate Mousse  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Tuesday

Chef's Homemade Pie   
Or  
Pasta Ham Carbonara  
Or  
Jacket Potato with Choice of  
Toppings

Carrot and Turnip Mash  
Boiled Potatoes  
.....  
Garlic Bread

A choice of:

Mrs Iley's Apple & Cinnamon Crisp  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Wednesday

Roast Turkey   
Or  
Baked Bean and Bacon Hash  
Or  
Sweetcorn Fritters

Carrots  
Cauliflower  
Yorkshire Pudding  
Roast Potatoes  
Extra Main Meal Choice  
Jacket Potato (choice of topping)

A choice of:

Melon & Fruit Medley  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Thursday

Baked Sausages   
Or  
Quorn Spaghetti Bolognese (v)  
Or  
Jacket Potato (choice of topping)

Carrots  
Broccoli  
.....  
Mashed Potatoes  
Garlic Bread

A choice of:

Homemade Raspberry Swirl Cake  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Friday

Oven Baked Fish  
Or  
Assorted Panini's (v)  
Or  
Homemade Sweet Potato and  
Chickpea Roast (V)

Baked Beans  
Peas  
Chips  
.....  
Extra Main Meal Choice  
Jacket Potato (choice of topping)

A choice of:

Mrs Nattress' Sweet Potato Crunch  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

MENU WEEK: TWO

Fresh water  
available  
everyday



Healthy option on the day



Least food miles travelled

Jacket  
Potato  
available  
everyday

Fresh salad  
available  
everyday





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Monday

Miss Marisa's Veggie Chow Mein  
Noodles    
Or  
Cheese and Tomato Pizza  
Or  
Tomato & Cheese Pasta Bake(v)

Sweetcorn  
Green Beans  
Potato wedges  
.....  
Extra Main Meal Choice  
Jacket Potato Choice of Toppings

A choice of:  
Homemade Blueberry Sponge  
Cheese & Crackers  
Fresh Fruit  
Yoghurt



Tuesday

Homemade Chicken Curry   
Or  
Quorn Sausage (v)  
Or  
Jacket Potato with choice of toppings 

Broccoli  
Cauliflower  
.....  
Rice  
Herby Potatoes

A choice of:  
Chef's Banana Bread and Ice-Cream  
Cheese & Crackers  
Fresh Fruit  
Yoghurt



Wednesday

Minced Beef & Dumplings   
Or  
Quorn Roast & Yorkshire (V)  
Or  
Tomato Pasta (V) 

Carrots  
Cabbage  
Mashed Potato  
.....  
Extra Main Meal Choice  
Jacket Potato (choice of toppings)

A choice of:  
Strawberry Mousse  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Thursday

 BBQ Pork Steak   
Or  
Beef Spaghetti Bolognese  
Or  
Homemade Sausage Roll

Turnip  
Sweetcorn  
.....  
Extra Main Meal Choice  
Jacket Potato with Cheese (V)  
(choice of toppings)

A choice of:  
Homemade Chocolate Fudge Cake  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

Friday

Fish Fingers  
Or  
Veggie Carbonara (V)   
Or  
Homemade Bubble & Squeak Cakes  
(V) 

Baked Beans  
Peas  
Chips  
.....  
Extra Main Meal Choice  
Jacket Potato with Cheese (V)

A choice of:  
Homemade Lemon Traybake  
Cheese & Crackers  
Fresh Fruit  
Yoghurt

MENU WEEK: THREE

Fresh water  
available  
everyday

 Healthy option on the day

 Least food miles travelled

Jacket  
Potato  
available  
everyday

Fresh salad  
available  
everyday