



Physical Education – Long Term Overview 2022/23

Skills / Events may be subject to change

EYFS Long Term Plan						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
School Sport Network Events		EYFS Co-ordination Challenge	EYFS Multisport Festival	EYFS Gym Festival		Skipping
EYFS Lesson 1	Ball Skills using hands and feet	Ball skills using hands and feet	Dance	Cricket (Striking and hitting)		Gymnastics (KM)
EYFS Lesson 2	Walking and Running safely with awareness of space.	Multi - skills	Football SAFC	Tag Rugby		Athletics
Possible Extra Curricular Offer	Health Related Fitness	Health Related Fitness	Skipping	Skipping	Health Related Fitness	Health Related Fitness
Year 1/2 Long Term Plan						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
School Sport Network Events		KS1 Mini Tennis Festival KS1 Multiskills Festival	KS1 Cheerleading Festival	KS1 Cricket Festival Year 1 / 2 Key Steps Gymnastics	KS1 Football Festival	KS1 OAA Festival
Year 1 Lesson 1	Gymnastics (KM)	Multi- skills	Dance	Cricket	Football (SAFC)	Outdoor Athletics
Year 1 Lesson 2	Tennis	Basketball / Netball (Large Ball)	Skipping	Tag Rugby	Hockey	Rounders
Year 2 Lesson 1	Gymnastics (KM)	Multi- skills	Dance	Cricket	Football (SAFC)	Outdoor Athletics
Year 2 Lesson 2	Tennis	Basketball / Netball	Skipping	Tag Rugby	Hockey	Rounders
Possible Extra Curricular Offer	Health Related Fitness	Health Related Fitness	Skipping	Skipping	Health Related Fitness	Health Related Fitness



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Year 3/4 Long Term Plan						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
School Sport Network Events	Primary School Cross Country	Year 3 /4 Quicksticks Hockey	Year 3 Multiskills PB Festival	Year 3/4 Key Steps Gymnastics	Year 4 Mini Tennis Competition Year 3/4 OAA Festival	Year 3/4 Quadkids Athletics Year 3/4 Countdown Cricket Festival
		KS2 Parallel Sportshall Athletics	KS2 Top Sportsability Festival	KS2 Boccia Competition		
Year 3 Lesson 1	Hockey	Dodgeball (SAFC)	Tag Rugby	Swimming	OAA / Tennis	Athletics
Year 3 Lesson 2	Football	Netball	Gymnastics (KM)	Cricket (KM)	Dance	Cricket
Year 4 Lesson 1	Hockey	Netball	Dodgeball (SAFC)	Cricket (KM)	Swimming	Athletics
Year 4 Lesson 2	Swimming	Football (SAFC)	Gymnastics (KM)	Tag Rugby	Dance	Tennis / OAA
Possible Extra Curricular Offer	Cross Country	Football	Gymnastics	Gymnastics	Tennis	Athletics
Year 5/6 Long Term Plan						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
School Sport Network Events	KS2 Dodgeball	Year 5/6 Sportshall Athletics	Year 5/6 Swimming Gala Year 5/6 Bee Netball Tournament	Year 5/6 In2Hockey Tournament Year 5/6 Tag Rugby Festival Year 5/6 Key Steps Gymnastics	Year 5/6 Countdown Cricket Year 5/6 Girls Countdown Cricket	Year 5/6 Quadkids Athletics Year 5/6 Orienteering Competition KS2 Cheerleading Competition
	Primary School Cross Country	KS2 Parallel Sportshall Athletics	KS2 Top Sportsability Festival	KS2 Boccia Competition		
	KS2 Girls 7-a-Side	KS2 Girls 7-a-Side	KS2 Girls 7-a-Side	KS2 Girls 7-a-Side		



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	Football CVL Year 5/6 Boys Football	Football CVL Year 5/6 Boys Football	Football CVL	Football CVL Year 5/6 Boys Football		Year 5/6 Boys Football
Year 5 Lesson 1	Dodgeball / Cross Country	Sportshall Athletics /Netball	Swimming Netball / Hockey	Tag Rugby	Cheerleading	OAA
Year 5 Lesson 2	Football (SAFC)	Gymnastics (KM)		Hockey	Cricket (KM)	Athletics KM
Year 6 Lesson 1	Dodgeball / Cross Country	Swimming	Netball	Tag Rugby	Cheerleading	OAA
Year 6 Lesson 2	Football (SAFC)	Gymnastics (KM)	Hockey	Hockey	Cricket (KM)	Athletics KM
Possible Extra Curricular Offer	Football	Swimming	Netball	Rugby/Hockey	Cricket	Swimming Catchup Athletics
Enrichment Activities					KS2 TUF Taster	KS2 Beach Fun Day