



## Physical Education – Long Term Overview 2022/23

Skills / Events may be subject to change

| EYFS Long Term Plan                    |   |  |                           |  |                        |                        |
|--|---|--|---------------------------|--|------------------------|------------------------|
|  | Term 1  | Term 2   | Term 3                    | Term 4   | Term 5                 | Term 6                 |
| <b>School Sport Network Events</b>     |   | EYFS Co-ordination Challenge                         | EYFS Multisport Festival  | EYFS Gym Festival  |                        | Skipping               |
| EYFS Lesson 1                          | Ball Skills using hands and feet                    | Ball skills using hands and feet                     | Dance                     | Cricket (Striking and hitting)                             |                        | Gymnastics (KM)        |
| EYFS Lesson 2                          | Walking and Running safely with awareness of space. | Multi - skills                                       | Football SAFC             | Tag Rugby  |                        | Athletics              |
| <b>Possible Extra Curricular Offer</b> | Health Related Fitness                              | Health Related Fitness                               | Skipping                  | Skipping   | Health Related Fitness | Health Related Fitness |
| Year 1/2 Long Term Plan                |   |  |                           |  |                        |                        |
|  | Term 1  | Term 2   | Term 3                    | Term 4   | Term 5                 | Term 6                 |
| <b>School Sport Network Events</b>     |   | KS1 Mini Tennis Festival<br>KS1 Multiskills Festival | KS1 Cheerleading Festival | KS1 Cricket Festival<br>Year 1 / 2 Key Steps<br>Gymnastics | KS1 Football Festival  | KS1 OAA Festival       |
| Year 1 Lesson 1                        | Gymnastics (KM)                                     | Multi- skills  | Dance                     | Cricket  | Football (SAFC)        | Outdoor Athletics      |
| Year 1 Lesson 2                        | Tennis  | Basketball / Netball (Large Ball)                    | Skipping                  | Tag Rugby  | Hockey                 | Rounders               |
| Year 2 Lesson 1                        | Gymnastics (KM)                                     | Multi- skills  | Dance                     | Cricket  | Football (SAFC)        | Outdoor Athletics      |
| Year 2 Lesson 2                        | Tennis  | Basketball / Netball                                 | Skipping                  | Tag Rugby  | Hockey                 | Rounders               |
| <b>Possible Extra Curricular Offer</b> | Health Related Fitness                              | Health Related Fitness                               | Skipping                  | Skipping   | Health Related Fitness | Health Related Fitness |



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| Year 3/4 Long Term Plan                |   |                                   |   |   |  |  |
|--|---|-----------------------------------|---|---|--|--|
|  | Term 1  | Term 2                            | Term 3  | Term 4  | Term 5   | Term 6   |
| <b>School Sport Network Events</b>     | Primary School Cross Country  | Year 3 /4 Quicksticks Hockey      | Year 3 Multiskills PB Festival                            | Year 3/4 Key Steps Gymnastics   | Year 4 Mini Tennis Competition<br>Year 3/4 OAA Festival        | Year 3/4 Quadkids Athletics<br>Year 3/4 Countdown Cricket Festival                               |
|  |   | KS2 Parallel Sportshall Athletics | KS2 Top Sportsability Festival                            | KS2 Boccia Competition  |  |  |
| <b>Year 3 Lesson 1</b>                 | Hockey  | Dodgeball (SAFC)                  | Tag Rugby   | Swimming  | OAA / Tennis   | Athletics  |
| <b>Year 3 Lesson 2</b>                 | Football  | Netball                           | Gymnastics (KM)   | Cricket (KM)  | Dance  | Cricket  |
| <b>Year 4 Lesson 1</b>                 | Hockey  | Netball                           | Dodgeball (SAFC)  | Cricket (KM)  | Swimming   | Athletics  |
| <b>Year 4 Lesson 2</b>                 | Swimming  | Football (SAFC)                   | Gymnastics (KM)   | Tag Rugby   | Dance  | Tennis / OAA   |
| <b>Possible Extra Curricular Offer</b> | Cross Country   | Football                          | Gymnastics  | Gymnastics  | Tennis   | Athletics  |
| Year 5/6 Long Term Plan                |   |                                   |   |   |  |  |
|  | Term 1  | Term 2                            | Term 3  | Term 4  | Term 5   | Term 6   |
| <b>School Sport Network Events</b>     | KS2 Dodgeball<br>Primary School Cross Country<br>KS2 Girls 7-a-Side | Year 5/6 Sportshall Athletics     | Year 5/6 Swimming Gala<br>Year 5/6 Bee Netball Tournament | Year 5/6 In2Hockey Tournament<br>Year 5/6 Tag Rugby Festival<br>Year 5/6 Key Steps Gymnastics | Year 5/6 Countdown Cricket<br>Year 5/6 Girls Countdown Cricket | Year 5/6 Quadkids Athletics<br>Year 5/6 Orienteering Competition<br>KS2 Cheerleading Competition |
|  |   | KS2 Parallel Sportshall Athletics | KS2 Top Sportsability Festival                            | KS2 Boccia Competition  |  |  |
|  |   | KS2 Girls 7-a-Side                | KS2 Girls 7-a-Side  | KS2 Girls 7-a-Side  |  |  |



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|  | Football CVL<br>Year 5/6 Boys<br>Football | Football CVL<br>Year 5/6 Boys<br>Football | Football CVL                    | Football CVL<br>Year 5/6 Boys<br>Football |                | Year 5/6 Boys<br>Football     |
|--|---|---|---------------------------------|---|----------------|-------------------------------|
| <b>Year 5 Lesson 1</b>                     | Dodgeball / Cross<br>Country              | Sportshall Athletics<br>/Netball          | Swimming<br>Netball /<br>Hockey | Tag Rugby                                 | Cheerleading   | OAA                           |
| <b>Year 5 Lesson 2</b>                     | Football (SAFC)                           | Gymnastics (KM)                           |                                 | Hockey                                    | Cricket (KM)   | Athletics KM                  |
| <b>Year 6 Lesson 1</b>                     | Dodgeball / Cross<br>Country              | Swimming                                  | Netball                         | Tag Rugby                                 | Cheerleading   | OAA                           |
| <b>Year 6 Lesson 2</b>                     | Football (SAFC)                           | Gymnastics (KM)                           | Hockey                          | Hockey                                    | Cricket (KM)   | Athletics KM                  |
| <b>Possible Extra<br/>Curricular Offer</b> | Football                                  | Swimming                                  | Netball                         | Rugby/Hockey                              | Cricket        | Swimming Catchup<br>Athletics |
| <b>Enrichment<br/>Activities</b>           |   |   |                                 |   | KS2 TUF Taster | KS2 Beach Fun Day             |