



# South Tyneside School Nursing Service



## Who are we?

### School Nurses are Special Community Nurses.

We offer support for:

- children in school
- young people
- their families

### Our job is to:

- improve the health and wellbeing of children who need the service
- reduce inequalities
- support children who are vulnerable

We play an important role in keeping children safe. We also support the local safeguarding guidelines.

## What services do we provide?

We provide and support:

- The Healthy Child Programme
- CHATHealth
- Health Promotion
- Continence Support
- Children with Additional Needs
- Partnership Working

## Healthy Child Programme

The Healthy Child Programme is where we:

- measure a child's height and weight in reception and in year 6
- check a child's eye sight when they are in reception

## What is CHATHealth

CHATHealth is a confidential text messaging service. Anyone aged 11 to 19 years old can use it. We offer support for a variety of health and emotional issues. This includes:

- relationships
- exam stress
- bullying
- sexual health
- self-harm
- physical needs

CHATHealth number is 07480635607

## Health promotion

This is where we deliver:

- medical awareness sessions to school staff members. They will include awareness on asthma, epilepsy and allergic reactions.
- local and national public health campaigns.
- health promotion sessions. They will be tailor made for each school.
- growing up and puberty sessions.

## Continence support

This is where we:

- support children who have toilet problems
- support schools when a child needs a care plan for their toilet issues
- signpost or refer on if needs be

## Children with additional needs

We will make a care plan for the school if a child has an allergy and are at risk of an allergic reaction. They will have a prescription for adrenaline auto-injector for emergency use, from their doctor or consultant.

## What is partnership working?

We work in partnership with other professionals to offer support and advice in:

- education
- health care
- social care
- family hubs

We can also help to signpost or refer to the correct service.

We are available through the year including school holidays. We offer a single point of contact (SPOC) for parents or professionals.

**You can contact us through the SPOC.**

**Our number is 0191 2832189.**

Publication date: November 2023

Review date: November 2026

Ref: STSFT/1496